



Kit Requirements For Gala's

Below is a list of Club Kit requirements to be followed when attending gala competitions

- 1 Club t-shirts
- 2 Club swimming caps
- Club shorts or Club jogging bottoms (for wearing poolside between races)

Other items

- Towel (ideally two)
- Goggles (+ a spare pair)
- Snacks
- Water Bottle
- Packed Lunch (where appropriate)
- Poolside Shoes
- Appropriate number of swimming costumes/Shorts